

The Bay Tree Menu

Starters and Small Plates

Soup of The Day with crusty Bread (GF/GFP)	£5.95
Olives	£3.75
Garlic Ciabatta (GFP)	£3.25
Garlic Ciabatta with cheese (GFP)	£3.75
Warm Crusty Bread, balsamic vinegar & oil	£2.25
Warm Crusty Bread, balsamic Vinegar, oil and Olives	£5.95
Deep Fried Whitebait with lemon mayonnaise	£7.95
Smoked Mackerel Pate with Dressed Leaves and Toast	£7.50
Flambéed Chicken Livers in a brandy cream sauce served on toasted brioche (GFP)	£7.50

Salads

Chilled Salmon Salad with New Potatoes and Lemon Mayonnaise (GF)	£14.50
Goat Cheese & Pickled Beetroot Salad with balsamic dressing (V)	£11.95

Sides

Straw Fries	£2.95
Straw fires with cheese	£3.95
Sweet potato fries	£3.95
Mixed Dressed Salad	£3.50
Green Beans	£2.50

Light Bites

Hot Paninis served with salad (GFP)	£8.50
<ul style="list-style-type: none"> • Brie, Bacon & Cranberry • Roasted Vegetable, Mozzarella & Pesto • Beef, Mushroom & Stilton 	
Welsh Rarebit (GFP) topped with red pepper dressing served with salad	£7.95
Three Egg Omelette (GF) with chips & dressed leaves	£9.95
Choose TWO from the following: Goats Cheese, Cheddar, Bacon, Spinach or Mushrooms	

Mains

Sweet Potato, Aubergine and Chick Pea Curry With Wild Rice (Vegan)	£13.25
Marinated Chicken Breast with Couscous, Flat Bread, Dressed Leaves and Tzatzki (GFP)	£13.95
Crab, Roasted Cherry Tomato, Chilli and Garlic Linguine	£14.95
Beer Battered Cod with Fries, Peas & Tartare sauce	£12.95
Char-grilled Minute Steak Sandwich with Sautee Onions and Mushrooms, Dijon Mayonnaise, fries and Dressed Leaves (GFP)	£15.95

For More Options Please See Our Daily Specials Board

Service is not included, but for parties of 6 or more a discretionary service charge of 10% will be added.

We will endeavour to help with your dietary requirements; unfortunately, we cannot guarantee any item on the menu is free from nuts or traces of nuts.

Please take care whilst enjoying fish dishes as they may contain small bones. All dishes are cooked to order, so please be patient as good food takes time to cook; enjoy the ambience whilst waiting.

FOOD ALLERGIES AND INTOLERANCES Please speak to our staff about the ingredients in your meal, when making your order.

(GF) Gluten free; (N) Main dish or garnish contains nuts; (V) Vegetarian; **(GFP)** Ingredient containing gluten can be substituted or omitted on request – **additional cost of £0.50 re- bread items**

The Bay Tree Restaurant

Sunday Menu

Starters

Soup of The Day Served with Crusty Bread £5.95(GF) (V)

Tomato and Avocado Tian £6.95 (GF) (Vegan)
With Olive Tapenade and Balsamic Dressing

Deep Fried Whitebait with Lemon Mayonnaise £7.95

Asturiano Chorizo poached in Cider with Crusty Bread £7.95 (GFP)

Smoked Mackerel Pate with Dressed Leaves and Toast £7.50 (GFP)

Roasts

All Served with; Roast Potatoes, Cauliflower Cheese,
Yorkshire Pudding, Seasonal Vegetables and Gravy

Sirloin of beef £16.95

Loin of Pork £14.95

Homemade Nut Roast £14.95 (GF) (V)

Mains

Sweet Potato, Aubergine and Chick Pea Curry with Wild Rice £13.25 (Vegan)

Goats Cheese & Pickled Beetroot Salad with Balsamic Dressing £11.95 (V)

Marinated Chicken Breast with Couscous, Flat Bread, Dressed Leaves & Tzatzki £13.95

Sussex Ale Battered Cod £12.95 (GFP)
Served with Chips, Dressed Leaves and Homemade Tartar Sauce

Chilled Salmon Salad with New Potatoes and Lemon Mayonnaise £13.95 (GF)

Catch of The Day – ask for Price

Strong & Punchy Welsh Rarebit with Roasted Red Pepper Dressing & Salad £7.95 (V)

Paninis; Served with Side Garnish £8.50 (GFP) Ask Server for Options

If substitutions are made the additional cost will be incurred We will endeavour to help you with all of your dietary requirements; unfortunately we cannot guarantee that any item on the menu is free from nuts or traces of nuts. Please take care whilst enjoying fish dishes as they may contain small bones. All dishes are cooked to order, so please be patient as good food takes time to cook; enjoy the ambience whilst waiting

FOOD ALLERGIES AND INTOLERANCES Please speak to our staff about the ingredients in your meal, when making your order. GFP – means we can adapt dish when and if required by substitution or omission