

The Bay Tree Restaurant

Sunday Menu

Starters

Home Made Soup of The Day £5.95 (GF) (V)

Served with Crusty Wholemeal Bread

Sautéed Mushrooms £7.95 (GFP) (V)

In Garlic Cream Sauce on Toasted Ciabatta

Deep Fried Whitebait £7.95

With Lemon Mayonnaise

Pan Fried halloumi £7.95 (GF)

With Chorizo, Spanish Potato and a Red Pepper Dressing

Sautéed Tiger Prawns £10.95 (GF)

With a Chilli Lime Butter and Lemon Couscous

Roasts

All Served with; Roast Potatoes, Cauliflower Cheese,
Yorkshire Pudding, Seasonal Vegetables and Gravy

Sirloin of beef £16.95

Loin of Pork £14.95

Shoulder of lamb £14.95

Homemade Nut Roast £14.95 (GF) (V)

Mains

Goats Cheese, Spinach and Pine nut filo roll with salad £11.95 (N) (V)

Wild Mushroom & Rocket Risotto £12.50 (GF) (V)

With Shaved Parmesan and Roasted Garlic oil

Sussex Ale Battered Cod £12.95 (GFP)

Served with Chips, Dressed Leaves and Homemade Tartar Sauce

Smoked Salmon & Prawn Salad £13.95 (GF)

With Mary Rose Sauce

Warm Chicken & Smoked Bacon Salad £12.95

With Honey Mustard Dressing

Home Cooked Roasted Gammon £11.95 (GFP)

With Fried Egg and Chips, Sweet Potato Fries Extra £1

Strong & Punchy Welsh Rarebit £7.95 (V)

With Roasted Red Pepper Dressing & Salad

Paninis; Served with Side Garnish From £8.25 (GFP)

Ask Server for Options

If substitutions are made the additional cost will be incurred

We will endeavour to help you with all of your dietary requirements; unfortunately we cannot guarantee that any item on the menu is free from nuts or traces of nuts.

Please take care whilst enjoying fish dishes as they may contain small bones.

All dishes are cooked to order, so please be patient as good food takes time to cook; enjoy the ambience whilst waiting

FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order.

GFP – means we can adapt dish when and if required by substitution or omission

The Bay Tree Restaurant

Day Menu

Starters

HOME MADE SOUP OF THE DAY £5.95 (GF) (V)

served with Crusty Wholemeal Bread

SAUTEED MUSHROOMS £7.95 (GFP) (V)

In a Garlic Cream Sauce on Toasted Ciabatta

DEEP FRIED WHITEBAIT £7.95

With Lemon Mayonnaise

PAN FRIED HALLOUMI £7.95/£12.95 (GF)

With Chorizo, Spanish Potato and a Red Pepper Dressing

HOMEMADE SMOKED MACKEREL PATE £7.75 (GFP)

served with Roasted Beetroot Salad and Toast Points

Sautéed Tiger Prawns £10.95 (GF)

With a Chilli Lime Butter and Lemon Couscous

Mains

GOATS CHEESE, SPINACH AND PINE NUT FILO ROLL WITH SALAD £11.95 (N) (V)

CRAB, CHILLI, GARLIC AND SLOW ROASTED CHERRY TOMATO LINGUINE £13.45

WILD MUSHROOMS AND ROCKET RISOTTO £12.50 (GF)(V)

With Shaved Parmesan and Roasted Garlic Oil

SUSSEX ALE BATTERED COD £12.95 (GFP)

served with Chips, Dressed Leaves and Homemade Tartar Sauce

SMOKED SALMON & PRAWN SALAD £ 13.95 (GF)

with Mary Rose Sauce

WARM CHICKEN AND SMOKED BACON SALAD £12.95

with Honey Mustard Dressing

6 HOUR SLOW ROASTED BELLY OF PORK £18.25 (GF)

accompanied with Buttered Kale, Caramelised Apples, Sea Salt Crackling, and Red Wine Jus; served with Mashed Potatoes & Seasonal Vegetables

Appetizers

GARLIC CIABATTA £3.45 (GFP) (V)

GARLIC AND CHEESE CIABATTA £3.95 (GFP) (V)

CIABATTA BREAD with butter/olive oil/balsamic vinegar **£3.25 (GFP) (V)**

Gluten Free Rolls/ Sliced Brioche and Ciabatta are always available on request

BAY TREE MARINATED OLIVES £3.75 (GF) (V)

Snacks

PANINIS: SERVED WITH SALAD GARNISH £8.25 (GFP)

Brie, Bacon and Cranberry;

Cheddar and Tomato (V)

Roast Beef and Caramelised Red Onion **£9.25**

OPEN SANDWICHES: SERVED WITH SALAD GARNISH (GFP)

Prawn and Crayfish with Mary Rose Sauce **£9.50**

Smoked Salmon and Cream Cheese **£9.95**

Crab and Lemon Mayonnaise **£9.95**

(Mixed Crab, Cucumber and Red Onion)

CROQUE MONSIEUR £8.50 (GFP)

Grilled Ham and Emmental with dressed leaves and Fries

STRONG & PUNCHY WELSH RABBIT £7.95 (V)

with Roasted Red Pepper Dressing & Salad

SCRAMBLED EGG ON WHOLEMEAL TOAST (GFP)

with Bacon **£6.25**

with Smoked Salmon **£8.75**

OMELETTES: SERVED WITH SALAD GARNISH & STRAW FRIES £9.95 (GF) (V)

Filled with two fillings of your choice:

Goat's Cheese, Spinach, Cheddar Cheese, Smoked

Bacon, Mushrooms, or Home Cooked Ham

Sides

Sweet Potato Fries **£3.95**

Straw Fries **£ 2.95**

Straw Fries with Cheese **£3.95**

Seasonal Vegetables **£ 3.25 (GF)**

New Potatoes **£2.75 (GF)**

Dressed Salad **£3.75 (GFP)**

Rocket & Parmesan Salad **£3.75 (GF)**

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For parties of 6 or more a discretionary service charge of 10% will be added.

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